

PREREQUISITES

This course needs a good level of communication skills. A sound level of attainment required in Year 10 Physical Education and in Year 10 English.

COURSE OUTLINE

Students will complete a variety of activities in both physical and theory work. The course focuses on social, practical and written skills, these skills are assessed within each assessment, and assessments are spaced so there is a realistic time frame is put in place so that success can be achieved. The course is designed to help students with self-management strategies and offer them resources that help them both in the short and long term.

ASSESSMENT

The course is fully internally assessed.

This course will be assessed against the National Achievement Standards.

There will be up to 15 credits

WHERE DOES IT LEAD?

Provides important grounding for future involvement in sport (Sports Studies).

Provides a good grounding for future subject/career decisions.

CONTRIBUTION

TBA

LITERACY/NUMERACY LEVEL 1

- Demonstrate interpersonal skills in a group and explain how these skills impact on others. (1.5) **3 Literacy Credits**
- Demonstrate self-management strategies and describe the effects on participation in physical activity. (1.9) **3 Literacy Credits**

CONTACT

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